



# Body Temple Yoga

Heart. Alignment. Transformation.

## **MASTER MENTORSHIP PROGRAM APPLICATION**

*Thank you for applying for The Body Temple Yoga™ Master Mentorship Program.*

*This program requires a commitment to being available to assist the BTYTT200 and have regular contact with Daniella as that is where the growth and support will happen most.*

*This Mentorship also requires monthly group one hour meetings with Daniella to debrief on in-classroom experiences and personal coaching directly from Daniella.*

*Consistent communication and contact with Daniella is key to a successful program. Please make yourself available for that as well as keep her in the loop with your process.*

*This is a great opportunity to deepen your connection with your teacher and receive individual support/guidance in your journey and your intentions as a blossoming teacher and leader!*

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*Please answer each question thoroughly.*

1. Why do you want to take the Master Mentorship Program?

2. What do you want on a personal growth level in taking this Master Mentorship? What are your personal goals within it?

3. What does commitment mean to you?

4. What does follow through mean to you?

5. Are you willing to do the necessary inner work to overcome your fears, blocks and resistance? Are you willing to step up even when you don't want to?

If yes, why do you feel this is important?

If not, why?

6. Do you feel ready to assist the BTYTT200 and the next group of students?

Would you be interested in assisting other events?

Please mark all that apply:

Sound Healings

Workshops

Festivals

Retreats

Live Events

**\*Note** - there is no guarantee of assisting ALL of the above although possible. This depends on your availability with your schedule and current teaching/assisting proficiency which is at Daniella's discretion. If you want to work up to one or more of these, please specify that as well.

7. What does "Being of Service" mean to you?

8. What does “Being in Integrity” mean to you?

9. What do you want to be able to do by the completion of the Mentorship in terms of skills as a teacher? Who do you want to be by the end of the Mentorship?

10. Daniella will ask you to teach in front of the group occasionally. (with prior notice most times and sometimes not). Are you open to taking this on? Please explain why, if not.

11. Do you understand that as someone who has graduated from the BTYTT, that you will be an example for the current BTYTT students? What does this role mean to you? How would this effect how you show up?

12. Do you understand that the goals you have for yourself in the Master Mentorship will be determined successful by the degree to which you do the necessary work given by Daniella and that you learn from being in it? She is your guide and support (and happy to be!) but do you understand ultimately you are the one that has to implement the teachings and guidance to make the progress?

13. Do you understand the concept of putting your “stuff” and “personal process” on the shelf anytime you are assisting so that you can show up to fully serve the students and show up fully to being an assistant to Daniella? Please share why you think this would be important.

14. On a scale from 1-10, ten being the most, how open are you to receiving feedback on your performance and participation in the mentorship?

15. What are your biggest struggles/challenges right now with teaching alignment-based Hatha Yoga?  
Would you like support with these things?

16. What does being mentored mean to you? What does that look like in your view?

17. What does “Living in alignment with your Heart” meant to you?

18. Do you understand the concept of projection? Please explain what it is in your own words.

19. Are you willing to take full responsibility for what comes up for you that may be triggered by what others do or say?  
If not, why?

20. Anything else you would like to share or you feel important/relevant for Daniella to know?

21. What are your long terms goals as a teacher/leader?

## CONTINUING EDUCATION

You will need to keep a log of your hours. Daniella will also keep a log. All hours are considered considered training hours.

*Once you are accepted into the Program, a \$500 non-refundable commitment deposit will be due to confirm your space.*

*Cost of Mentorship is \$397 per month for 9 months (Sept-May)*

## REFUND AND CANCELLATION POLICY

The Mentorship Program is non-refundable.

If you are doing the monthly payment option, all payments will be due even if you decide to cancel or not complete it in it's entirety.

Daniella reserves the right to terminate the Mentorship at anytime if for any reason if it is determined that performance is lacking (consistent lack of follow through in any given area, consistently late, non-communicative, unavailable, projects onto others, does not take personal responsibility, aggressive or otherwise) or causing unresolvable conflict with the students or Daniella or any of the guest teachers.

## GRATITUDE AND LOVE

This is a growing community of love, support, uplifting each other and empowerment. It is free of gossip, coersion and competition. We are here to serve powerfully and with love.

THANK YOU SO MUCH for taking the time be thorough in this application! Love, guidance and support is the foundation of this Mentorship with Daniella. We look forward to working with you, supporting you and going on this journey together!